

Holy Nativity of the Theotokos Antiochian Orthodox Mission

Our Lady of Saydnaya كنيسة سيدة صيدنايا

كنيسة ميلاد السيدة الأنطاكية الأرثوذكسية

Seattle, WA

*Diocese of the Northwest*

*Metropolitan Joseph of New York and All North America*

**September 25<sup>th</sup>, 2022**

**Feast of the Elevation of the Holy Cross**

أحد عيد رفع الصليب المقدس



**Fr. Anastasios Majdalani**

Altar Boys: Toufic and Theo Majdalani

Choir/Chanters: Kh. Nissrine, Farizeh Louis

Ushers: Fidaa Maalouf

Holy Bread baked by: Farizeh Louis, and Kh. Nissrine

## FESTAL ORTHROS

### ELEVATION (EXALTATION) OF THE HOLY CROSS

REPOSE OF JOHN CHRYSOSTOM, ARCHBISHOP OF CONSTANTINOPLE; VENERABLE MARTYR MAKARIOS THE NEW OF THESSALONICA; VENERABLE MARTYR JOSEPH OF DIONYSIOU MONASTERY ON ATHOS

<b>Priest:</b> Blessed is our God, always, now and ever, and unto the ages of ages.	<b>الكاهن:</b> تَبَارَكَ اللهُ إِلَهُنَا كُلَّ حِينٍ، الْآنَ وَكُلَّ أَوَانٍ وَالِي دَهْرِ الدَّاهِرِينَ.
<b>Choir:</b> Amen.	<b>الجوقة:</b> آمين.
<i>The Priest performs the Great Censing around the entire church.</i>	هَذَا يُبَخِّرُ الْكَاهِنُ الْكَنِيسَةَ.
<b>Reader:</b> Holy God, Holy Mighty, Holy Immortal: have mercy on us. ( <i>thrice</i> )	<b>المرتل:</b> قُدُّوسُ اللهِ، قُدُّوسُ الْقَوِيِّ، قُدُّوسُ الَّذِي لَا يَمُوتُ، اِرْحَمْنَا. (ثَلَاثًا)
Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.	الْمَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُّوسِ، الْآنَ وَكُلَّ أَوَانٍ وَالِي دَهْرِ الدَّاهِرِينَ. آمين.
All-holy Trinity, have mercy on us. Lord, cleanse us from our sins. Master, pardon our iniquities. Holy God, visit and heal our infirmities for Thy Name's sake. Lord, have mercy. ( <i>thrice</i> )	أَيُّهَا الثَّلَاوِثُ الْقُدُّوسُ اِرْحَمْنَا، يَا رَبِّ اغْفِرْ خَطَايَانَا، يَا سَيِّدُ تَجَاوَزْ عَنْ سَيِّئَاتِنَا، يَا قُدُّوسُ اطْلُعْ وَاشْفِ أَمْرَاضَنَا، مِنْ أَجْلِ اسْمِكَ. يَا رَبِّ اِرْحَمْ. (ثَلَاثًا)
Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.	الْمَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُّوسِ، الْآنَ وَكُلَّ أَوَانٍ وَالِي دَهْرِ الدَّاهِرِينَ. آمين.
Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from the evil one.	أَبَانَا الَّذِي فِي السَّمَاوَاتِ، لِيَتَقَدَّسَ اسْمُكَ، لِيَأْتِ مَلَكُوتُكَ، لِيَتَكُنْ مَشِيئَتُكَ كَمَا فِي السَّمَاءِ كَذَلِكَ عَلَى الْأَرْضِ، خُبِّرْنَا الْجَوْهَرِيَّ أَعْطِنَا الْيَوْمَ، وَاتْرُكْ لَنَا مَا عَلَيْنَا كَمَا نَتْرُكُ نَحْنُ لِمَنْ لَنَا عَلَيْهِ، وَلَا تُدْخِلْنَا فِي التَّجَرُّبَةِ، لَكِنْ نَجِّنَا مِنَ الشَّرِيرِ.
<b>Priest:</b> For Thine is the kingdom, and the power, and the glory: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages. Amen.	<b>الكاهن:</b> لِأَنَّ لَكَ الْمُلْكَ وَالْقُدْرَةَ وَالْمَجْدَ، أَيُّهَا الْآبُ وَالابْنُ وَالرُّوحُ الْقُدُّوسُ، الْآنَ وَكُلَّ أَوَانٍ وَالِي دَهْرِ الدَّاهِرِينَ. آمين.

LITANY	
<b>Priest:</b> Have mercy on us, O God, according to Thy great goodness, we pray Thee, hearken and have mercy.	<b>الكاهن:</b> إِرْحَمْنَا يَا اللَّهُ بِعَظِيمِ رَحْمَتِكَ، نَطْلُبُ إِلَيْكَ فَاسْتَجِبْ وَارْحَمْ.
<b>Choir:</b> Lord, have mercy. ( <i>thrice</i> )	<b>الجوقة:</b> يَا رَبُّ ارْحَمْ. (ثَلَاثًا)
<b>Priest:</b> Again we pray for all pious and Orthodox Christians.	<b>الكاهن:</b> وَأَيْضًا نَطْلُبُ مِنْ أَجْلِ الْمَسِيحِيِّينَ الْحَسَنِيِّينَ الْعِبَادَةِ الْأَرْتُوذُكْسِيِّينَ.
<b>Choir:</b> Lord, have mercy. ( <i>thrice</i> )	<b>الجوقة:</b> يَا رَبُّ ارْحَمْ. (ثَلَاثًا)
<b>Priest:</b> Again we pray for our Father and Metropolitan _____, our Bishop _____, and all our brotherhood in Christ.	<b>الكاهن:</b> وَأَيْضًا نَطْلُبُ مِنْ أَجْلِ آبِينَا وَمِتْرُوبُولِيَّتِنَا (فُلَان) وَرَبِّيسِ كَهَنَتِنَا (فُلَان)، وَكُلِّ إِخْوَتِنَا فِي الْمَسِيحِ.
<b>Choir:</b> Lord, have mercy. ( <i>thrice</i> )	<b>الجوقة:</b> يَا رَبُّ ارْحَمْ. (ثَلَاثًا)
<b>Priest:</b> For Thou art a merciful God, and lovest mankind, and unto thee do we ascribe glory to the Father, and to the Son, and to the Holy Spirit: now and ever, and unto ages of ages.	<b>الكاهن:</b> لِأَنَّكَ إِلَهٌ رَحِيمٌ وَمُحِبٌّ لِلْبَشَرِ، وَلَكَ نُرْسِلُ الْمَجْدَ أَتَيْهَا الْآبُ وَالابْنُ وَالرُّوحُ الْقُدُسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.
<b>Choir:</b> Amen. Bless, Father, in the Name of the Lord.	<b>الجوقة:</b> آمِينَ، بِاسْمِ الرَّبِّ بَارِكْ يَا أَبَ.
<b>Priest:</b> Glory to the Holy, Consubstantial, Life-giving and Undivided Trinity, always, now and ever, and unto ages of ages.	<b>الكاهن:</b> الْمَجْدُ لِلثَّلَاوِثِ الْقُدُوسِ، الْمَتَسَاوِي فِي الْجَوْهَرِ، الْمُحْيِي، غَيْرِ الْمُنْقَسِمِ، كُلَّ حِينٍ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.
<b>Choir:</b> Amen.	<b>الجوقة:</b> آمِينَ.
APOLYTIKION OF THE ELEVATION OF THE HOLY CROSS IN TONE ONE (3 times)	
O Lord, save Thy people and bless Thine inheritance, granting to Thy people victory over all their enemies, and by the power of Thy Cross preserving Thy commonwealth.	خَلِّصْ يَا رَبُّ شَعْبَكَ وَبَارِكْ مِيرَاثَكَ، وَامْنَحْ عِبِيدَكَ الْمُؤْمِنِينَ الْغَلْبَةَ عَلَى الشَّرِيرِ، وَاحْفَظْ بِقُوَّةِ صَلِيبِكَ، جَمِيعَ الْمُخْتَصِّينَ بِكَ.

## THE KATAVASIAE OF THE HOLY CROSS CANON IN TONE EIGHT

<p><b>Ode 1.</b> A cross did Moses inscribe, when with an upright stroke of his rod he divided the Red Sea for Israel, who went on foot; then he turned and smote the sea, once again uniting it o'er Pharaoh's chariots, with transverse stroke portraying the invincible weapon. Wherefore, let us praise in song Christ our God; for He truly is glorified.</p>	<p>(الأولى) إِنَّ مُوسَى لَمَّا رَسَمَ الصَّلِيبَ، ضَرَبَ بِالْعَصَا مُسْتَوِيَةً فَشَقَّ الْبَحْرَ الْأَحْمَرَ، وَأَجَارَ إِسْرَائِيلَ مَاشِياً. وَلَمَّا ضَرَبَهُ مُخَالَفاً، ضَمَّهُ عَلَى فِرْعَوْنَ وَمَرْكَبَاتِهِ، مُمَثِّلاً بِصِرَاحَةِ السِّلَاحِ غَيْرِ الْمَقْهُورِ. لِذَلِكَ نُسَبِّحُ الْمَسِيحَ إِلَهَنَا لِأَنَّهُ قَدْ تَمَجَّدَ.</p>
<p><b>Ode 4.</b> I have hearkened and heard, O Lord, of Thy dispensation's most awesome mystery; and I came to knowledge of Thy works, and I sang the praise of Thy Divinity.</p>	<p>(الرابعة) يَا رَبُّ، إِنِّي سَمِعْتُ بِسِرِّ تَدْبِيرِكَ وَتَأَمَّلْتُ أَعْمَالَكَ، فَمَجَّدْتُ لَاهُوتَكَ.</p>
<p><b>Ode 6.</b> When Jonah, who was in the belly of the sea monster, stretched forth his hands in the form of a cross, he prefigured the saving Passion manifestly. Hence also, when he came forth on the third day, he indicated the supernal Resurrection of Christ God, Who was crucified in the flesh and enlightened the world by His Arising on the third day.</p>	<p>(السادسة) إِنَّ يُونَانَ لَمَّا كَانَ فِي جَوْفِ الْحَوْتِ الْبَحْرِيِّ، وَبَسَطَ يَدَيْهِ بِشَكْلِ صَلِيبٍ، سَبَقَ فَرَسَمَ الْأَلَامِ الْخَلَّاصِيَّةِ بَوْضُوحٍ. وَلَمَّا خَرَجَ فِي الْيَوْمِ الثَّالِثِ، مَثَّلَ الْقِيَامَةَ الْفَائِئِقَةَ الْعَالَمَ، الَّتِي لِلْمَسِيحِ إِلَهِ الْمُسَمَّرِ بِالْجَسَدِ، وَالْمُنِيرِ الْعَالَمَ بِالْقِيَامَةِ ذَاتِ الثَّلَاثَةِ الْأَيَّامِ.</p>
<p><i>We praise, we bless, and we worship the Lord.</i>  <b>Ode 8.</b> O ye Children, equal in number to the Trinity, bless ye God the Father and Creator; praise ye the Word, Who descended and changed the fire into dew; and supremely exalt the All-holy Spirit, Who granteth life unto all forever.</p>	<p>نُسَبِّحُ وَنُبَارِكُ وَنَسُجُدُ لِلرَّبِّ.  <b>(الثامنة)</b> أَيُّهَا الْفَتِيَّةُ الْمُسَاوُونَ عَدَدَ الثَّالُوثِ، بَارِكُوا أَبَ الْإِلَهِ الْخَالِقِ، وَسَبِّحُوا الْكَلِمَةَ الَّتِي تَنَزَّلَ وَحَوَّلَ النَّارَ إِلَى نَدَى. وَزِيدُوا رِفْعَةَ الرُّوحِ الْكُلِّيِّ قُدْسُهُ، الْمَانِحَ الْحَيَاةَ لِلْجَمِيعِ عَلَى مَدَى الدُّهُورِ.</p>
<p><b>Deacon:</b> The Theotokos and Mother of the Light, let us honor and magnify in song.</p>	<p><b>الشماس:</b> لَوَالِدَةِ الْإِلَهِ وَأَمِ النُّورِ بِالتَّسَابِيحِ نَكْرِمُ مُعْظَمِينَ.</p>

## THE NINTH ODE OF THE HOLY CROSS CANON IN TONE EIGHT

<p>Magnify, O my soul, the most venerable Cross of the Lord.  O Theotokos, thou art a mystical paradise, which being untilled hath blossomed forth Christ, by Whom the life-bringing Tree of the Cross was planted in the earth. In worshipping Him now through its elevation, thee do we magnify.</p>	<p>عَظِّمِي يَا نَفْسِي صَلِيبَ الرَّبِّ الْمَكْرَّمِ.  يَا وَالِدَةَ الْإِلَهِ، أَنْتِ الْفِرْدَوْسُ السِّرِّي، إِذْ إِنَّكَ أَنْبَتِ الْمَسِيحَ بَغَيْرِ فَلَاحَةٍ. الَّذِي مِنْهُ نُصِبَتْ فِي الْأَرْضِ شَجَرَةُ الصَّلِيبِ الْحَامِلَةُ الْحَيَاةَ. فَالآنَ إِذْ نَسْجُدُ لَهُ مَرْفُوعاً، لَكَ نُعْظِمُ.</p>
<p>Magnify, O my soul, the most venerable Cross of the Lord.  A sacred horn is raised up for those of godly mind, even the Cross of Him that is the Head of all,</p>	<p>عَظِّمِي يَا نَفْسِي صَلِيبَ الرَّبِّ الْمَكْرَّمِ.  لَقَدْ ارْتَفَعَ قَرْنٌ شَرِيفٌ لِلْمُتَالِّهِ الْعِزِّمِ، أَعْنِي بِهِ الصَّلِيبُ الَّذِي هُوَ رَأْسُ جَمِيعِهِمْ. الَّذِي بِهِ تُشْحَقُ كُلُّ قُرُونٍ</p>

wherewith all the horns of the spiritual powers of wickedness are broken. Through its elevation now, Him do we worship and magnify.	الْخَطَاةِ الْعَقْلِيِّينَ. فَالْآنَ نَسْجُدُ لَهُ مَرْفُوعًا وَنُعْظِمُهُ.
Glory to the Father, and to the Son, and to the Holy Spirit. Both now and ever, and unto ages of ages. Amen.  Though we were continually sunken in the gloom of our forefather, O Lord, this day Thou hast lifted us up again through the Cross. For as our nature before was pulled down into error through rank intemperance, we have been restored to our full inheritance by the light of Thy Cross, which we the faithful magnify.	الْمَجْدُ لِلآبِ، وَالْإِبْنِ، وَالرُّوحِ الْقُدُّوسِ. الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ.  يَا رَبُّ، لَقَدْ رَفَعْتَنَا الْيَوْمَ بِوَاسِطَةِ الصَّلِيبِ، نَحْنُ الْمُتَغَمِّسِينَ عَلَى الدَّوَامِ فِي دَيَجُورِ الْجَدِّ الْأَوَّلِ. لِأَنَّهُ كَمَا أَنَّ الطَّبِيعَةَ قَدْ سَقَطَتْ سَابِقًا فِي الضَّلَالَةِ جَامِحَةً، فَقَدْ رَدَدْنَا إِلَى الْإِسْتِقَامَةِ بِاجْتِمَاعِ نُورِ صَلِيبِكَ. الَّذِي نَحْنُ الْمُؤْمِنِينَ نُعْظِمُهُ.
<b>Ode 9.</b> O Theotokos, thou art a mystical paradise, which being untilled hath blossomed forth Christ, by Whom the life-bringing Tree of the Cross was planted in the earth. In worshipping Him now through its elevation, thee do we magnify.	(التاسعة) يَا وَالِدَةَ الْإِلَهِ، أَنْتِ الْفِرْدَوْسُ السَّرِّي، إِذْ إِنَّكَ أَنْبَتِ الْمَسِيحَ بَغَيْرِ فَلَاحَةٍ، الَّذِي مِنْهُ نُصِيبَتْ فِي الْأَرْضِ شَجَرَةُ الصَّلِيبِ الْحَامِلَةُ الْحَيَاةِ. فَالْآنَ إِذْ نَسْجُدُ لَهُ مَرْفُوعًا، لَكَ نُعْظِمُ.
<b>THE LITTLE LITANY</b>	
<b>Deacon:</b> Again and again, in peace, let us pray to the Lord. <b>Choir:</b> Lord, have mercy. <b>Deacon:</b> Help us; save us; have mercy on us; and keep us, O God, by Thy grace. <b>Choir:</b> Lord, have mercy. <b>Deacon:</b> Calling to remembrance our all-holy, immaculate, most-blessed and glorious Lady Theotokos and ever-virgin Mary, with all the saints: let us commend ourselves and each other, and all our life unto Christ our God. <b>Choir:</b> To Thee, O Lord. <b>Priest:</b> For all the powers of Heaven praise Thee, and unto Thee do they ascribe glory: to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages. <b>Choir:</b> Amen.	<b>الشماس:</b> أَيْضًا وَأَيْضًا بِسَلَامٍ إِلَى الرَّبِّ نَطْلُبُ. <b>الجوق:</b> يَا رَبُّ ارْحَمْ. <b>أَعُذْ وَخَلِّصْ وَارْحَمْ وَاحْفَظْنَا يَا اللَّهُ بِنِعْمَتِكَ. الشماس:</b> <b>الجوق:</b> يَا رَبُّ ارْحَمْ. <b>الشماس:</b> بَعْدَ ذِكْرِنَا الْكُلِّيَّةِ الْقِدَاسَةِ، الطَّاهِرَةِ، الْفَائِقَةِ الْبَرَكَاتِ الْمَجِيدَةِ، سَيِّدَتِنَا وَالِدَةَ الْإِلَهِ الدَّائِمَةَ الْبَتُولِيَّةِ مَرْيَمَ مَعَ جَمِيعِ الْقَدِيسِينَ، لِنُودِعَ أَنْفُسَنَا وَبَعْضُنَا بَعْضًا وَكُلَّ حَيَاتِنَا لِلْمَسِيحِ الْإِلَهِ. <b>الجوق:</b> لَكَ يَا رَبُّ. <b>الكاهن:</b> لِأَنَّهُ إِيَّاكَ تُسَبِّحُ كُلُّ قُوَاتِ السَّمَاوَاتِ، وَلَكَ يُرْسِلُونَ الْمَجْدَ أَيُّهَا الْآبُ وَالْإِبْنُ وَالرُّوحُ الْقُدُّوسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. <b>الجوق:</b> آمِينَ.

Holy is the Lord our God. ( <i>thrice</i> ) Exalt ye the Lord our God, and worship at His footstool, for He is holy.	قُدُّوسٌ هُوَ الرَّبُّ إِلَهُنَا. (ثَلَاثًا) إِرْفَعُوا الرَّبَّ إِلَهُنَا، وَاسْجُدُوا لِمَوْطِي قَدَمَيْهِ، لِأَنَّ الرَّبَّ إِلَهُنَا قُدُّوسٌ هُوَ.
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#### THE DOXASTICON OF THE ELEVATION OF THE HOLY CROSS IN TONE SIX

Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen. Today the Cross of the Lord goeth forth, and the faithful welcome it with longing, and they receive healing of soul and body and of every malady. Let us kiss it with joy and fear: with fear, because of sin, for we are unworthy; with joy, because of the salvation granted to the world by Him Who was crucified thereon, Christ the Lord, Who hath Great Mercy.	الْمَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُسِ. الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ. الْيَوْمَ يُوَافِي صَلِيبُ الرَّبِّ، وَالْمُؤْمِنُونَ يَتَقَبَّلُونَهُ بِشَوْقٍ، وَيَنَالُونَ شِفَاءَ النَّفْسِ وَالْجَسَدِ وَكُلِّ سُقْمٍ. فَلْنُصَافِحْنَهُ بِفَرَحٍ وَخَوْفٍ. أَمَّا الْخَوْفُ فَمِنْ أَجْلِ الْخَطِيئَةِ، بِمَا أَنَّنَا غَيْرُ مُسْتَحِقِّينَ. وَأَمَّا الْفَرَحُ، فَمِنْ أَجْلِ الْخَلَاصِ الَّذِي يَمْنَحُهُ لِلْعَالَمِ، الْمَسِيحُ الرَّبُّ الَّذِي سَمَرَ عَلَيْهِ، أَلَمَالِكُ الرَّحْمَةِ الْعَظْمَى.
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#### THE GREAT DOXOLOGY IN TONE SIX

Glory to Thee, who has shown us the Light. Glory to God in the highest, and on earth peace, good will among men.	الْمَجْدُ لَكَ يَا مُظْهِرَ النُّورِ، الْمَجْدُ لِلَّهِ فِي الْعَلَاءِ، وَعَلَى الْأَرْضِ السَّلَامُ، وَفِي النَّاسِ الْمَسْرَّةُ.
We praise thee, we bless Thee, we worship Thee, we glorify Thee, we give thanks unto Thee for Thy great glory.	نُسَبِّحُكَ نُبَارِكُكَ، نَسْجُدُ لَكَ نُمَجِّدُكَ، نَشْكُرُكَ مِنْ أَجْلِ عَظِيمِ جَلَالِ مَجْدِكَ.
O Lord, heavenly King, God the Father Almighty; O Lord, the only begotten Son, Jesus Christ; and the Holy Spirit.	أَيُّهَا الرَّبُّ الْمَلِكُ، السَّمَاوِيُّ، إِلَهُ، الْآبُ الضَّابِطُ الْكُلِّ. أَيُّهَا الرَّبُّ الْإِبْنُ الْوَحِيدُ، يَا يَسُوعُ الْمَسِيحُ، وَيَا أَيُّهَا الرُّوحُ الْقُدُسُ.
O Lord God, Lamb of God, Son of the Father, that takest away the sin of the world, have mercy on us, thou that takest away the sins of the world.	أَيُّهَا الرَّبُّ إِلَهُ، يَا حَمَلَ اللَّهِ يَا ابْنَ الْآبِ، يَا رَافِعَ خَطِيئَةِ الْعَالَمِ ارْحَمْنَا، يَا رَافِعَ خَطَايَا الْعَالَمِ.
Receive our prayer, Thou that sittest at the right hand of the Father, and have mercy on us.	تَقَبَّلْ تَضَرُّعَنَا أَيُّهَا الْجَالِسُ عَنْ يَمِينِ الْآبِ وَارْحَمْنَا.
For Thou only art holy, Thou only art the Lord, O Jesus Christ, to the Glory of God the Father. Amen.	لَأَنَّكَ أَنْتَ وَحْدَكَ قُدُّوسٌ، أَنْتَ وَحْدَكَ الرَّبُّ يَسُوعُ الْمَسِيحُ، فِي مَجْدِ اللَّهِ الْآبِ، آمِينَ.
Every day will I bless Thee, and I will praise Thy Name forever; yea, forever and ever.	فِي كُلِّ يَوْمٍ أَبَارِكُكَ، وَأُسَبِّحُ اسْمَكَ إِلَى الْأَبَدِ، وَإِلَى الْأَبَدِ.

Vouchsafe, O Lord, to keep us this day without sin.	أَهْلُنَا يَا رَبُّ أَنْ نُحْفَظَ فِي هَذَا الْيَوْمِ بِغَيْرِ خَطِيئَةٍ.
Blessed art Thou, O Lord God of our Fathers, and praised and glorified be Thy Name forever. Amen.	مُبَارَكٌ أَنْتَ يَا رَبُّ إِلَهَ آبَائِنَا، وَمُسَبِّحٌ وَمُمَجِّدٌ اسْمُكَ إِلَى الْأَبَدِ، آمِينَ.
Let Thy mercy, O Lord, be upon us, as we do put our hope in thee.	لِتَكُنْ يَا رَبُّ رَحْمَتُكَ عَلَيْنَا، كَمَا نَلْتَكِلُ اتِّكَالَنا عَلَيْكَ.
Blessed art Thou, O Lord: teach me Thy statutes. (3X)	مُبَارَكٌ أَنْتَ يَا رَبُّ عَلِّمْنِي حُقُوقَكَ. (ثَلَاثًا)
Lord, Thou hast been our refuge in all generations. I said: Be merciful unto me; heal my soul, for I have sinned against Thee.	يَا رَبُّ مَلْجَأُ كُنْتُ لَنَا فِي جِيلٍ وَجِيلٍ، أَنَا قُلْتُ يَا رَبُّ ارْحَمْنِي وَاشْفِ نَفْسِي لِأَنَّنِي قَدْ خَطِئْتُ إِلَيْكَ.
Lord, I have fled unto Thee: teach me to do Thy will, for Thou art my God.	يَا رَبُّ إِلَيْكَ لَجَأْتُ فَعَلِّمْنِي أَنْ أَعْمَلَ رِضَاكَ، لِأَنَّكَ أَنْتَ هُوَ إِلَهِي.
For with Thee is the fountain of life; in Thy light shall we see light.	لَأَنَّ مِنْ قِبَلِكَ عَيْنَ الْحَيَاةِ، وَبِنُورِكَ نَعَايِنُ النُّورَ.
O continue Thy loving-kindness unto them that know Thee. Holy God, Holy Mighty, Holy Immortal: have mercy on us. (Thrice)	فَابْسُطْ رَحْمَتَكَ عَلَى الَّذِينَ يَعْرِفُونَكَ. قُدُّوسُ اللَّهِ، قُدُّوسُ الْقَوِيِّ، قُدُّوسُ الَّذِي لَا يَمُوتُ ارْحَمْنَا. (ثَلَاثًا)
Glory to the Father, and to the Son, and to the Holy Spirit.	الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُّوسِ.
Both now and ever, and unto ages of ages. Amen.	الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ، آمِينَ.
Holy Immortal, have mercy on us.	قُدُّوسُ الَّذِي لَا يَمُوتُ ارْحَمْنَا.
Holy God, Holy Mighty, Holy Immortal: have mercy on us.	قُدُّوسُ اللَّهِ، قُدُّوسُ الْقَوِيِّ، قُدُّوسُ الَّذِي لَا يَمُوتُ ارْحَمْنَا.
<b>APOLYTIKION OF THE ELEVATION OF THE HOLY CROSS IN TONE ONE</b>	
O Lord, save Thy people and bless Thine inheritance, granting to Thy people victory over all their enemies, and by the power of Thy Cross preserving Thy commonwealth.	خَلِّصْ يَا رَبُّ شَعْبَكَ وَبَارِكْ مِيرَاثَكَ، وَامْنَحْ عِبِيدَكَ الْمُؤْمِنِينَ الْغَلْبَةَ عَلَى الشَّرِيرِ، وَاحْفَظْ بِقُوَّةِ صَلَيبِكَ جَمِيعَ الْمُخْتَصِّينَ بِكَ.

**DIVINE LITURGY VARIABLES ON SUNDAY, SEPTEMBER 11, 2022****TONE 4 / EOTHINON 2****SUNDAY BEFORE THE ELEVATION OF THE HOLY CROSS****AFTER-FEAST OF THE NATIVITY OF THE THEOTOKOS**

VENERABLE THEODORA OF ALEXANDRIA; RIGHTEOUS EUPHROSYNOS THE COOK

<b>Deacon:</b> For Metropolitan Paul, Archbishop John, and for their quick release from captivity and safe return, let us pray to the Lord.	<b>الشماس:</b> مِنْ أَجْلِ الْمَثْرُوبُولِيَّتِ بُولَسَ وَالْمَطْرَانِ يُوْحَنَّا وَفَلَكِ اسْرِهِمَا وَعَوْدَتِهِمَا سَالِمَيْنِ، إِلَى الرَّبِّ نَطْلُبُ.
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**THE FIRST ANTIPHON**

O God, my God, attend to me; why hast Thou forsaken me? Far from my salvation are the words of my transgressions.  <i>Refrain:</i> Through the intercessions of the Theotokos, O Savior, save us.  My God, I will cry by day, and wilt Thou not hearken? And by night, and it shall not be unto folly for me. But as for Thee, Thou dwellest in the sanctuary, O Praise of Israel. ( <i>Refrain</i> )  Glory... Both now... ( <i>Refrain</i> )	إِلَهِي إِلَهِي أَنْظِرْ إِلَيَّ لِمَاذَا تَرَكْتَنِي؟ لِمَاذَا ابْتَعَدْتَ عَنِّي. نُصْرَتِي وَعَنْ كَلِمَاتِ أُنِيئِي. بِشَفَاعَاتِ وَالِدَةِ الْإِلَهِ يَا مُخَلِّصُ خَلِّصْنَا. (اللازمة) إِلَهِي أَنَا فِي النَّهَارِ أَصْرُخُ إِلَيْكَ فَلَا تَسْتَجِيبُ، أَمَّا أَنْتَ يَا مِدْحَةَ إِسْرَائِيلَ فَتَسْكُنُ فِي الْأَقْدَاسِ. (اللازمة) أَلْمَجْدُ ... الْآنَ ... (اللازمة)
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**THE SECOND ANTIPHON**

O God, why hast Thou cast us off unto the end? Remember Thy congregation which Thou hast purchased from the beginning.  <i>Refrain:</i> Save us, O Son of God, Who wast crucified in the flesh; who sing to Thee. Alleluia.  This is Mount Zion wherein Thou hast dwelt. ( <i>Refrain</i> )  God is our King before the ages. He hath wrought salvation in the midst of the earth. ( <i>Refrain</i> )  Glory... Both now... O, only begotten Son and Word of God...	أَللَّهُمَّ لِمَاذَا أَقْصَيْتَنَا إِلَى الْأَبَدِ؟ أَذْكَرُ جَمَاعَتِكَ الَّتِي أَقْتَنَيْتَ مِنْذُ الْقَدَمِ. (اللازمة) خَلِّصْنَا يَا ابْنَ اللَّهِ، يَا مَنْ صُلِبَ عَنَّا بِالْجَسَدِ، إِذْ نُزِّلَ لَكَ. هَلْلُويَا. جَبَلُ صِهْيُونَ هَذَا الَّذِي فِيهِ سَكَنْتَ. (اللازمة) أَللَّهُ هُوَ مَلِكُنَا مِنْذُ الْقَدَمِ، صَنَعَ الْخَلَاصَ فِي وَسْطِ الْأَرْضِ. (اللازمة) أَلْمَجْدُ ... الْآنَ ... يَا كَلِمَةَ اللَّهِ الْابْنَ الْوَحِيدِ...
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**THE THIRD ANTIPHON**

The Lord reigneth, let the people rage; He sitteth upon the cherubim, let the earth be shaken. The Lord is great in Zion; and He is high above all peoples. Let them confess Thy great Name, for it is terrible and holy.	الرَّبُّ قَدْ مَلَكَ فَلْتَرْتَعِْدِ الشُّعُوبُ، وَاسْتَوَى عَلَى السَّرُوبِيمِ فَلْتَتَرَزَّلِ الْأَرْضُ. الرَّبُّ عَظِيمٌ فِي صِهْيُونَ وَمَنْعَالٍ عَلَى جَمِيعِ الشُّعُوبِ. فَلْيَحْمَدُوا اسْمَكَ الْعَظِيمِ لِأَنَّهُ رَهيبٌ وَقُدُّوسٌ.
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## THE EISODIKON (ENTRANCE HYMN) OF THE FEAST

Exalt ye the Lord our God, and worship at His footstool; for He is holy. Save us, O Son of God, Who wast crucified in the flesh; who sing to Thee. Alleluia.

إِرْفَعُوا الرَّبَّ إِلَهَنَا وَاسْجُدُوا لِمَوْطِي قَدَمَيْهِ، لِأَنَّهُ قُدُّوسٌ هُوَ. خَلِّصْنَا يَا ابْنَ اللَّهِ، يَا مَنْ صُلِبَ عَنَّا بِالْجَسَدِ، إِذْ نُرْتِّلُ لَكَ. هَلِّلُويَا.

## APOLYTIKION OF THE RESURRECTION IN TONE FOUR

Having learned the joyful message of the Resurrection from the angel the women disciples of the Lord cast from them their parental condemnation. And proudly broke the news to the Disciples, saying: Death hath been spoiled; Christ God is risen, granting the world Great Mercy.

إِنَّ تَلْمِيزَاتِ الرَّبِّ تَعَلَّمْنَ مِنَ الْمَلَائِكَةِ الْكَرَزِ بِالْقِيَامَةِ الْبَهْجِ، وَطَرَحْنَ الْقَضَاءَ الْجَدِّيَّ، وَخَاطَبْنَ الرُّسُلَ مُفْتَخِرَاتٍ وَقَائِلَاتٍ: سُبِيَ الْمَوْتُ وَقَامَ الْمَسِيحُ إِلَهُهُ، وَمُنَحَ الْعَالَمَ الرَّحْمَةَ الْعُظْمَى.

## APOLYTIKION OF THE ELEVATION OF THE HOLY CROSS IN TONE ONE

O Lord, save Thy people and bless Thine inheritance, granting to Thy people victory over all their enemies, and by the power of Thy Cross preserving Thy commonwealth.

خَلِّصْ يَا رَبُّ شَعْبَكَ وَبَارِكْ مِيرَاثَكَ، وَامْنَحْ عِبِيدَكَ الْمُؤْمِنِينَ الْغَلَبَةَ عَلَى الشَّرِيرِ، وَاحْفَظْ بِقُوَّةِ صَلِيبِكَ جَمِيعَ الْمُخْتَصِّينَ بِكَ.

## Apolytikion of Protomartyr Thekla

All aflame with love for your Creator, \* from the teachings of the sacred preacher, \* you disregarded as fleeting all things mundane. \* And being bold in the face of the penalties, \* you gave yourself as a beautiful gift to God. \* Thekla, glorious companion of the Apostle Paul, \* we pray you entreat your Bridegroom, Christ, \* and ask Him to grant us His great mercy

أَيَّتَهَا الْمَجِيدَةُ تَقْلًا، رَفِيقَةُ بُولِسِ الْإِلَهِيِّ، لَمَّا التَّهَبَتْ بِعَشْقِ خَالِقِكَ مِنْ تَعَالِيمِ الْكَارِزِ الْإِلَهِيِّ، إِزْدَرَيْتِ بِالْأَرْضِيَّاتِ الزَّائِلَةِ، وَقَدَّمْتَ نَفْسَكَ لِلَّهِ ضَحِيَّةً مَقْدَسَةً مَقْبُولَةً، غَيْرَ مَتَهَيِّبَةٍ مِنَ الْعَذَابَاتِ، فَابْتَهِلِي إِلَى الْمَسِيحِ خَتَنِكَ لِكِي يَمْنَحَنَا الرَّحْمَةَ الْعُظْمَى.

## KONTAKION OF THE ELEVATION OF THE HOLY CROSS IN TONE FOUR

Do Thou, Who of Thine own good will was lifted up upon the Cross, O Christ our God, bestow Thy bounties upon the new Nation which is called by Thy Name; make glad in Thy might those who lawfully govern, that with them we may be led to victory over our adversaries, having in Thine aid a weapon of peace and a trophy invincible.

يَا مَنْ عَلَى الصَّلِيبِ أَرْتَفَعَ طَوْعًا، اِمْنَحْ رَأْفَاتِكَ شَعْبَكَ الْجَدِيدَ، أَلْمَسَمَى بِكَ أَيُّهَا الْمَسِيحُ إِلَهُهُ. وَفَرِّحْ بِقُوَّتِكَ عِبِيدَكَ الْمُؤْمِنِينَ، فَتَمْنَحَهُمُ الْفَوْزَ عَلَى مُحَارِبِيهِمْ، وَلِتَكُنْ مَعُونَتُكَ لَهُمْ سِلَاحَ سَلَامٍ، وَظَفَرًا لَا يُفْهَرُ.

## THE ANTI-TRISAGION HYMN

Before Thy Cross we bow down in worship, Master,  
and we glorify Thy Holy Resurrection. (THRICE)  
*Glory to the Father, and to the Son, and to the Holy Spirit;  
both now and ever, and unto ages of ages. Amen.*  
And we glorify Thy Holy Resurrection.  
Dynamis!  
Before Thy Cross we bow down in worship, Master,  
and we glorify Thy Holy Resurrection.

لِصَلِيبِكَ يَا سَيِّدَنَا نَسْجُدُ، وَلِقِيَامَتِكَ الْمُقَدَّسَةِ نُمَجِّدُ.  
(ثلاثاً)  
أَلْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُسِ، الْآنَ وَكُلَّ أَوَانٍ،  
وَأَلَى دَهْرِ الدَّاهِرِينَ. آمِينَ.  
وَلِقِيَامَتِكَ الْمُقَدَّسَةِ نُمَجِّدُ.  
!قُوَّةُ  
لِصَلِيبِكَ يَا سَيِّدَنَا نَسْجُدُ، وَلِقِيَامَتِكَ الْمُقَدَّسَةِ نُمَجِّدُ.

## THE EPISTLE

*Exalt ye the Lord our God.*  
*The Lord reigneth; let the people tremble.*  
**The Reading from the First Epistle of  
St. Paul to the Corinthians. (1:18-24)**

Brethren, the word of the Cross is folly to those who are perishing, but to us who are being saved it is the power of God. For it is written, "I will destroy the wisdom of the wise, and the cleverness of the clever I will thwart." Where is the wise man? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, it pleased God through the folly of what we preach to save those who believe. For Jews demand signs and Greeks seek wisdom, but we preach Christ crucified, a stumbling block to Jews and folly to Gentiles, but to those who are called, both Jews and Greeks, Christ the power of God and the wisdom of God.

إِرْفَعُوا الرَّبَّ إِلَهَنَا وَاسْجُدُوا لِمَوْطِي قَدَمَيْهِ، فَإِنَّهُ قُدُّوسٌ.  
الرَّبُّ قَدْ مَلَكَ فَانْتَسَخَطِ الشُّعُوبُ.  
فَصَلِّ مِنْ رِسَالَةِ الْقَدِيسِ بُولُسِ الرَّسُولِ الْأُولَى إِلَى  
أَهْلِ كورنثوس.  
يَا إِخْوَةُ، إِنَّ كَلِمَةَ الصَّلِيبِ عِنْدَ الْهَالِكِينَ جَهَالَةٌ، وَأَمَّا عِنْدَنَا  
نَحْنُ الْمُخَلَّصِينَ فَهِيَ قُوَّةُ اللَّهِ. لِأَنَّهُ قَدْ كُتِبَ سَأْبِيذُ حِكْمَةِ  
الْحُكَمَاءِ، وَأَرْفُضُ فَهَمُ الْفُهَمَاءِ. فَأَيْنَ الْحَكِيمُ؟ وَأَيْنَ  
الكَاتِبُ؟ وَأَيْنَ مُبَاحِثُ هَذَا الدَّهْرِ؟ أَلَيْسَ اللَّهُ قَدْ جَهَّلَ حِكْمَةَ  
هَذَا الْعَالَمِ؟ فَإِنَّهُ إِذَا كَانَ الْعَالَمُ وَهُوَ فِي حِكْمَةِ اللَّهِ لَمْ يَعْرِفِ  
اللَّهُ بِالْحِكْمَةِ، أَرْتَضَى اللَّهُ أَنْ يُخَلِّصَ بِجَهَالَةِ الْكَرَازَةِ الَّذِينَ  
يُؤْمِنُونَ. لِأَنَّ الْيَهُودَ يَسْأَلُونَ آيَةً، وَالْيُونَانِيِّينَ يَطْلُبُونَ  
حِكْمَةً، أَمَّا نَحْنُ فَتَكْرِرُ بِالْمَسِيحِ مَضْلُوبًا، شَكًّا لِلْيَهُودِ  
وَجَهَالَةً لِلْيُونَانِيِّينَ. أَمَّا لِلْمَدْعُوعِينَ مِنَ الْيَهُودِ وَالْيُونَانِيِّينَ،  
فَالْمَسِيحُ قُوَّةُ اللَّهِ، وَحِكْمَةُ اللَّهِ.

## THE GOSPEL

**The Reading from the Holy Gospel according to  
St. John.**  
(19:6-11, 13-20, 25-28, 30-35)

At that time, the chief priests and the elders of the people took counsel against Jesus to put Him to

فَصَلِّ شَرِيفٌ مِنْ بَشَارَةِ الْقَدِيسِ يُوَحْنَّا الْإِنْجِيلِيِّ الْبَشِيرِ  
وَالْتَلْمِيزِ الطَّاهِرِ.

death. And they came to Pontius Pilate saying, "Crucify Him, crucify Him!" Pilate said to them, "Take Him yourselves and crucify Him, for I find no crime in Him." The Jews answered him, "We have a law, and by that law He ought to die, because He has made Himself the Son of God." When Pilate heard these words, he was the more afraid; he entered the praetorium again and said to Jesus, "Where art Thou from?" But Jesus gave no answer. Pilate therefore said to Him, "Wilt Thou not speak to me? Knowest Thou not that I have power to release Thee, and power to crucify Thee?" Jesus answered him, "You would have no power over Me unless it had been given you from above.

When Pilate heard these words, he brought Jesus out and sat down on the judgment seat at a place called "The Pavement", and in Hebrew, "Gabbatha." Now it was the day of Preparation of the Passover; it was about the sixth hour. He said to the Jews, "Behold your King!" They cried out, "Away with Him, away with Him, crucify Him!" Pilate said to them, "Shall I crucify your King?" The chief priests answered, "We have no king but Caesar." Then he handed Him over to them to be crucified.

So they took Jesus and led him away, and He went out, bearing His own Cross, to the place called the place of a skull, which is called in Hebrew "Golgotha." There they crucified Him, and with Him two others, one on either side, with Jesus between them. Pilate also wrote a title and put it on the Cross; it read, "Jesus of Nazareth, the King of the Jews." Many of the Jews read this title, for the place where Jesus was crucified was near the city; and it was written in Hebrew, in Latin, and in Greek.

Now standing by the Cross of Jesus were His mother, and his mother's sister, Mary the wife of

فِي ذَلِكَ الزَّمَانِ، عَقَدَ رُؤَسَاءُ الْكَهَنَةِ وَالشُّيُوخَ عَلَى يَسُوعَ مَشُورَةً لِيُهْلِكُوهُ. فَأَتَوْا إِلَى بِيلاطُسَ قَائِلِينَ: "أَصْلِبْهُ، أَصْلِبْهُ". فَقَالَ لَهُمْ بِيلاطُسُ: "خُذُوهُ أَنْتُمْ وَأَصْلِبُوهُ، فَإِنِّي لَا أَجِدُ فِيهِ عِلَّةً". أَجَابَهُ الْيَهُودُ: "إِنَّ لَنَا نَامُوسًا، وَبِحَسَبِ نَامُوسِنَا يَجِبُ أَنْ يَمُوتَ، لِأَنَّهُ جَعَلَ نَفْسَهُ ابْنَ اللَّهِ". فَلَمَّا سَمِعَ بِيلاطُسُ هَذَا الْكَلَامَ ارْزَدَادَ خَوْفًا. وَدَخَلَ أَيْضًا إِلَى دَارِ الْوَلَايَةِ، وَقَالَ لِيَسُوعَ: "مِنْ أَيْنَ أَنْتَ؟" فَلَمْ يَرُدَّ يَسُوعُ عَلَيْهِ جَوَابًا، فَقَالَ لَهُ بِيلاطُسُ: "أَلَا تُكَلِّمُنِي. أَمَا تَعْلَمُ أَنِّي لِي سُلْطَانًا أَنْ أَصْلِبَكَ، وَلِي سُلْطَانًا أَنْ أُطْلِقَكَ". فَأَجَابَ يَسُوعُ: "مَا كَانَ لَكَ عَلَيَّ مِنْ سُلْطَانٍ لَوْ لَمْ يُعْطَ لَكَ مِنْ فَوْقَ". فَلَمَّا سَمِعَ بِيلاطُسُ هَذَا الْكَلَامَ، أَخْرَجَ يَسُوعَ ثُمَّ جَلَسَ عَلَى كُرْسِيِّ الْقَضَاءِ فِي مَوْضِعٍ يُقَالُ لَهُ "لِيْشْتَرُوْثُنْ" وَبِالْعِبْرَانِيَّةِ "جَبَّاثَا". وَكَانَتْ تَهْيِئَةُ الْفِصْحِ، وَكَانَ نَحْوُ السَّاعَةِ الثَّاسِعَةِ، وَقَالَ لِلْيَهُودِ: "هُذَا مَلِكُكُمْ". أَمَّا هُمْ فَصَرَخُوا: "ارْفَعْهُ، ارْفَعْهُ، أَصْلِبْهُ". فَقَالَ لَهُمْ بِيلاطُسُ: "أَأَصْلِبُ مَلِكُكُمْ؟". فَأَجَابَ رُؤَسَاءُ الْكَهَنَةِ: "لَيْسَ لَنَا مَلِكٌ غَيْرُ قَيْصَرَ". حِينَئِذٍ أَسْلَمَهُ إِلَيْهِمْ لِلصَّلْبِ. فَأَخَذُوا يَسُوعَ، وَمَضَوْا بِهِ. فَخَرَجَ وَهُوَ حَامِلٌ صَلِيبَهُ إِلَى الْمَوْضِعِ الْمُسَمَّى الْجُمُجْمَةِ وَبِالْعِبْرَانِيَّةِ يُسَمَّى الْجُلْجُلَةُ حَيْثُ صَلَبُوهُ وَآخَرِينَ مَعَهُ مِنْ هُنَا وَمِنْ هُنَاكَ، وَيَسُوعُ فِي الْوَسْطِ. وَكَتَبَ بِيلاطُسُ عِنْدَ عِوَانِ وَوَضَعَهُ عَلَى الصَّلِيبِ، وَكَانَ الْمَكْتُوبُ فِيهِ: "يَسُوعُ النَّاصِرِيُّ مَلِكُ الْيَهُودِ". وَهَذَا الْعُنْوَانُ قَرَأَهُ كَثِيرُونَ مِنَ الْيَهُودِ لِأَنَّ الْمَوْضِعَ الَّذِي صَلِبَ فِيهِ يَسُوعُ كَانَ قَرِيبًا مِنَ الْمَدِينَةِ وَكَانَ مَكْتُوبًا بِالْعِبْرَانِيَّةِ وَالْيُونَانِيَّةِ وَالرُّومَانِيَّةِ. وَكَانَتْ وَاقِعَةً عِنْدَ صَلِيبِ يَسُوعَ أُمُّهُ وَأَخْتُ أُمِّهِ مَرْيَمُ الَّتِي لِكَلَاوْبَا

<p>Cleopas, and Mary Magdalene. When Jesus saw His mother, and the Disciple whom He loved standing near, He said to His mother, "Woman, behold, your son!" Then He said to the Disciple, "Behold, your mother!" And from that hour the Disciple took her to his own home. After this, Jesus, knowing that all was now fulfilled, said, "It is finished"; and He bowed His head and gave up the spirit.</p> <p>Since it was the day of Preparation, in order to prevent the bodies from remaining on the cross on the Sabbath (for that Sabbath was a high day), the Jews asked Pilate that their legs might be broken, and that they might be taken away. So the soldiers came and broke the legs of the first, and of the other who had been crucified with him; but when they came to Jesus and saw that He was already dead, they did not break His legs. But one of the soldiers pierced His side with a spear, and at once there came out blood and water. He who saw it has borne witness—his testimony is true.</p>	<p>وَمَرِيَمُ الْمَجْدَلِيَّةُ. فَلَمَّا رَأَى يَسُوعُ أُمَّهُ وَالتِّلْمِيذَ الَّذِي كَانَ هُوَ يُحِبُّهُ وَاقِفًا قَالَ لِأُمِّهِ: "يَا أَمْرَأَةً، هُوَذَا ابْنُكَ". ثُمَّ قَالَ لِلتِّلْمِيذِ: "هُوَذَا أُمُّكَ". وَمِنْ تِلْكَ السَّاعَةِ أَخَذَهَا التِّلْمِيذُ إِلَى خَاصَّتِهِ. وَبَعْدَ هَذَا رَأَى يَسُوعُ أَنَّ كُلَّ شَيْءٍ قَدْ تَمَّ فَأَمَالَ رَأْسَهُ وَأَسْلَمَ الرُّوحَ. ثُمَّ إِذْ كَانَ يَوْمُ التَّهْنِئَةِ فَلَيْلًا تَبَقَى الْأَجْسَادُ عَلَى الصَّلِيبِ فِي السَّبْتِ لِأَنَّ يَوْمَ ذَلِكَ السَّبْتِ كَانَ عَظِيمًا سَأَلَ الْيَهُودُ بِيلاطُسَ أَنْ تُكْسَرَ سَوْفُهُمْ وَيُذْهَبَ بِهِمْ. فَجَاءَ الْجُنْدُ وَكَسَرُوا سَاقِي الْأَوَّلِ وَالْآخِرِ الَّذِي صُلِبَ مَعَهُ. وَأَمَّا يَسُوعُ فَلَمَّا انْتَهَوْا إِلَيْهِ وَرَأَوْهُ قَدْ مَاتَ، لَمْ يَكْسِرُوا سَاقِيهِ لَكِنَّ وَاحِدًا مِنَ الْجُنْدِ طَعَنَ جَنْبَهُ بِحَرْبَةٍ فَخَرَجَ لِلْوَقْتِ دَمٌ وَمَاءٌ. وَالَّذِي عَايَنَ شَهِدَ وَشَهِدَتْهُ حَقٌّ.</p>
<p align="center"><b>MEGALYNARION OF THE FEAST IN TONE EIGHT</b></p>	
<p><i>Magnify, O my soul, the most precious Cross of the Lord.</i></p> <p>O Theotokos, thou art a mystical paradise, which being untilled hath blossomed forth Christ, by Whom the life-bringing Tree of the Cross was planted in the earth. In worshipping Him now through its elevation, thee do we magnify.</p>	<p>عَظِّمِي يَا نَفْسِي صَلِيبَ الرَّبِّ الْمُكَرَّمِ.</p> <p>يَا وَالِدَةَ الْإِلَهِ، أَنْتِ الْفِرْدَوْسُ السَّرِّي، إِذْ إِنَّكَ أَنْبَتِ الْمَسِيحَ بِغَيْرِ فَلَاحَةٍ. الَّذِي مِنْهُ نُصِبَتْ فِي الْأَرْضِ شَجَرَةُ الصَّلِيبِ الْحَامِلَةُ الْحَيَاةِ. فَالآنَ إِذْ نَسْجُدُ لَهُ مَرْفُوعًا، لَكَ نُعَظِّمُ.</p>
<p align="center"><b>KOINONIKON (COMMUNION HYMN) OF THE FEAST</b></p>	
<p>The light of Thy countenance, O Lord, hath been signed upon us. Alleluia.</p>	<p>لَقَدْ أَرْتَسَمَ عَلَيْنَا نُورٌ وَجْهِكَ يَا رَبِّ. هَلِّلُويَا.</p>
<p align="center"><b>THE DISMISSAL</b></p>	
<p><b>Priest:</b> <u>May He Who rose from the dead, Christ our true God</u>, through the intercessions of His all-immaculate and all-blameless holy Mother; by the might of the Precious and Life-giving Cross—as we now celebrate its Elevation—by the protection of the</p>	<p><b>الكاهن:</b> <u>أيُّهَا الْمَسِيحُ إِلَهُنَا الْحَقِيقِي، يَا مَنْ قَامَ مِنْ بَيْنِ الْأَمْوَاتِ</u>، بِشَفَاعَاتِ أُمِّكَ الْقَدِيسَةِ الْكُلِّيَّةِ الطَّهَارَةِ وَالْبَرِيئَةِ مِنْ كُلِّ عَيْبٍ؛ وَبِقُدْرَةِ الصَّلِيبِ الْكَرِيمِ</p>

<p>honorable Bodiless Powers of Heaven; at the supplication of the honorable, glorious Prophet, Forerunner and Baptist John; of the holy, glorious and all-laudable apostles; of our father among the saints, John Chrysostom, archbishop of Constantinople, whose Divine Liturgy we have now celebrated; of the holy, glorious and right-victorious Martyrs; of our venerable and God-bearing Fathers; of Saint N., the patron and protector of this holy community; of the holy and righteous ancestors of God, Joachim and Anna, and of all the saints: have mercy on us and save us, forasmuch as He is good and loveth mankind.</p>	<p>المُحْيِي - الذي نُقِيمُ تَذْكَارَ رَفْعِهِ الْآنَ - وَبِطَلِبَاتِ الْقُوَّاتِ السَّمَاوِيَّةِ الْمُكْرَمَةِ الْعَادِمَةِ الْأَجْسَادِ؛ وَالنَّبِيِّ الْكَرِيمِ السَّابِقِ الْمَجِيدِ يُوْحَنَّا الْمَعْمَدَانِ؛ وَالْقَدِيسَيْنِ الْمُشْرِفَيْنِ الرُّسُلِ الْجَدِيرَيْنِ بِكُلِّ مَدِيحٍ؛ وَأَبِينَا الْجَلِيلِ فِي الْقَدِيسَيْنِ يُوْحَنَّا الذَّهَبِيِّ الْقَمِّ، رَئِيسِ أَسَاقِفَةِ الْقُسْطَنْطِينِيَّةِ، كَاتِبِ هَذِهِ الْخِدْمَةِ الشَّرِيفَةِ؛ وَالْقَدِيسَيْنِ الْمَجِيدَيْنِ الشُّهَدَاءِ الْمُتَأَلِّقِينَ بِالظَّفَرِ؛ وَأَبَائِنَا الْأَنْبَرَارِ الْمُتَوَشِّحِينَ بِاللَّهِ؛ وَالْقَدِيسِ (ة) (فُلَان، فُلَانة) شَفِيعِ (شَفِيعَةٍ) هَذِهِ الْكَنِيسَةِ الْمُقَدَّسَةِ؛ وَالْقَدِيسَيْنِ الصَّدِيقَيْنِ يُوَاكِمَ وَحَنَّةَ جَدِّي الْمَسِيحِ الْإِلَهِ، وَجَمِيعِ قَدِيسِيكَ، اِرْحَمْنَا وَخَلِّصْنَا بِمَا أَنَّكَ صَالِحٌ وَمُحِبٌّ لِلْبَشَرِ.</p>
<p><b>Choir:</b> Amen.</p>	<p><b>الجوق:</b> آمين</p>
<p><b>Priest:</b> Through the prayers of our holy fathers, Lord Jesus Christ our God, have mercy upon us and save us. Amen</p>	<p><b>الكاهن:</b> بِصَلَوَاتِ آبَائِنَا الْقَدِيسِينَ، أَيُّهَا الرَّبُّ يَسُوعُ الْمَسِيحُ إِلَهُنَا، اِرْحَمْنَا وَخَلِّصْنَا. آمين</p>

### **Spiritual word:**

In the Old Testament, in the Book of Numbers, among other things, the following distinctive event is narrated: “When the Israelites had disobeyed God in the wilderness, as a punishment for their disobedience He sent serpents to them which bit and killed them. But God heard the prayer of Moses, who was fervently praying for this wrath to abate, and ordered him to make a bronze serpent and lift it up on a pole. And all who were bitten by the serpents were immediately healed when they looked at the bronze serpent.” 1 And in the Holy Gospel, our Jesus likened the elevation of the bronze serpent to His own life-giving elevation on the Cross by saying: “And as Moses lifted up the serpent in the wilderness, even so must the Son of Man be lifted up.” 2

So sin—which is the meaning of the poisonous serpent—bites man, poisoning the entire being of his poor soul through culpable and passionate pleasure, which brings about the soul’s death and separation from God. But our Christ, the noetic bronze serpent, Who was hanged on the life-giving wood of the precious Cross, through the lofty truths of the gospel, heals the souls that have been bitten by various sins, giving them a living hope of a life beyond comprehension. “O Death, where is thy sting? O Hades, where is thy victory?” 3 The powers of your horrible tyranny were abolished, annihilated, enfeebled, and completely put to death by the death and resurrection of Jesus, our God, Who saves our souls.

### **كلمة روحية:**

حَوْلَ رِسَالَةِ الْعِيدِ (كورنثوس الأولى 1 : 18 - 24)

إِنَّ كَلِمَةَ الصَّلِيبِ عِنْدَ الْهَالِكِينَ جَهَالَةٌ وَأَمَّا عِنْدَنَا نَحْنُ الْمُخَلَّصِينَ "فَهِىَ قُوَّةُ اللَّهِ"

بِالنَّسَبَةِ لِلْمَرْضَى وَالْمُتَعَبِينَ تَبْدُو الْمَآكِلُ الْمُفِيدَةُ الصَّحِيَّةُ بَغِيضَةٌ، وَالْأَصْدِقَاءُ وَالْأَقَارِبُ مُزْهَقِينَ، وَفِي غَالِبِ الْأَحْيَانِ يَتِمُّ تَجَاهُلُهُمْ أَوْ يُحْسَبُونَ دُخْلَاءً. هَذِهِ هِيَ حَالَةُ ذَوِي النُّفُوسِ الْهَالِكَةِ، لِأَنَّهُمْ لَا يَعْرِفُونَ الْأَشْيَاءَ الَّتِي تَقُودُهُمْ إِلَى الْخَلَاصِ، وَيَعْتَبِرُونَ أَنَّ الَّذِينَ يَهْتَمُّونَ بِالْأُمُورِ الَّتِي تَقُودُ إِلَى الْخَلَاصِ هُمْ مُزْجَجُونَ. وَهَذَا لَيْسَ أَمْرًا طَبِيعِيًّا لِأَنَّهُ نَاتِجٌ مِنَ الْمَرَضِ الَّذِي فِيهِمْ. وَكَمَا هُوَ الْحَالُ مَعَ الْمَجَانِينَ الَّذِينَ يَكْرَهُونَ مَنْ يَهْتَمُّ بِهِمْ وَيَشْتُمُونَهُمْ، كَذَلِكَ حَالُ غَيْرِ الْمُؤْمِنِينَ. أَمَّا الْأَمْرُ الطَّبِيعِيُّ فَهُوَ أَنَّ قُوَّةَ الصَّلِيبِ لَا يَعْلَمُهَا الْهَالِكُونَ لِأَنَّهُمْ فَاقِدُو اللَّبِّ. وَلَكِنْ مَاذَا نَقُولُ أَيُّهَا الْإِنْسَانُ؟ إِنَّ الْمَسِيحَ صَارَ عَبْدًا لِأَجْلِكَ، "أَخَذَ صُورَةَ عَبْدٍ" (فِيلِيبِّي 2 : 7) وَصَلِبَ وَقَامَ، وَلِهَذَا السَّبَبِ يَجِبُ أَنْ تَعْبُدَهُ قَائِمًا مِنْ بَيْنِ الْأَمْوَاتِ وَأَنْ تُجَلَّ مَحَبَّتَهُ وَخُشُوعَهُ، لِأَنَّ مَا لَمْ يَفْعَلْهُ أَبٌ أَوْ صَدِيقٌ أَوْ ابْنٌ بِكَ، صَنَعَهُ الرَّبُّ إِلَيْكَ .

لِنَفْتَرِضْ أَنَّ إِنْسَانًا يُرِيدُ أَنْ يُفَسِّرَ كُلَّ الْأُمُورِ بِالْمَنْطِقِ، فَلْيَحَاوِلْ أَنْ يُفْنِعَ نَفْسَهُ مَثَلًا كَيْفَ نُعَايِنُ النُّورَ، إِنَّهُ لَا يَسْتَطِيعُ! لِذَلِكَ، فَلْنُنْزِكْ هَذِهِ الْأُمُورَ لِقُوَّةِ اللَّهِ وَحِكْمَتِهِ اللَّامْتَنَاهِيَةِ وَلِنَصْمِتْ! لِأَنَّا سَنُعْرِضُ أَنْفُسَنَا لِلْسُّخْرِيَةِ إِذَا حَاوَلْنَا بِحِكْمَتِنَا السُّطْحِيَّةِ، الَّتِي هِيَ جَهَالَةٌ، أَنْ نَفْسِرَ الْأَشْيَاءَ الْمُخْتَصَّةَ بِاللَّهِ. لِأَنَّ لَا لِسَانَ أَوْ لُغَةً يُمَكِّنُهَا تَفْسِيرُ عَظَائِمِ الْأُمُورِ. لِذَلِكَ، لَا نَقُولُ: لِمَاذَا لَمْ يُخَلِّصْ نَفْسَهُ عَلَى الصَّلِيبِ؟ لِأَنَّهُ كَانَ مُسْرِعًا لِإِنْهَاءِ الصِّرَاعِ مَعَ الْمَوْتِ نَفْسِهِ. لَمْ يَنْزِلْ عَنِ الصَّلِيبِ، لَيْسَ لِأَنَّهُ لَمْ يَكُنْ قَادِرًا، بَلْ لِأَنَّهُ لَمْ يَشَأْ. هُوَ الَّذِي لَمْ يَسْتَطِعْ طُغْيَانُ الْمَوْتِ أَنْ يَقِيدَهُ، فَكَيْفَ تَقِيدُهُ مَسَامِيرُ الصَّلِيبِ؟ أَيُّ فَيْلَسُوفٍ مِنَ الَّذِينَ دَرَسُوا الْمَنْطِقَ وَكَانُوا حَسَنِيَّ الْإِطْلَاعِ عَلَى الشُّؤُنِ الْيَهُودِيَّةِ أَرَشَدَنَا إِلَى الْخَلَاصِ وَأَظْهَرَ لَنَا الْحَقَّ؟ لَا وَاحِدًا! كَانَ هَذَا، كُلُّ هَذَا، عَمَلُ الصَّيَادِينَ. وَلَكِنْ، كَيْفَ أَبَادَ الرَّبُّ حِكْمَةَ هَذَا الْعَالَمِ؟ لَقَدْ أَظْهَرَ هُوَ لَنَا عَدَمَ جَدْوَى هَذِهِ الْحِكْمَةِ بِوَاسِطَةِ بُؤْسِ وَآخِرِينَ مِثْلِهِ، لِأَنَّهُ قَصَدَ أَنْ يَقُولَ لَنَا أَنَّ اللَّهَ انْتَصَرَ بِالتَّنَاقُضَاتِ وَأَنَّ الْإِنْجِيلَ لَيْسَ مِنْ إِنْسَانٍ.

## Parish News & Announcements

### Upcoming Services

- **Sunday, October 9<sup>th</sup>, 2022 a 1:30PM**, 3rd Sunday of Luke
- **Sunday, October 23<sup>rd</sup>, 2022 a 1:30PM**, 6th Sunday of Luke and Feast of Saint Demetrios

St John Maximovitch chapel -- (back building of St Nicholas Russian Orthodox Cathedral)  
1714 13th Ave, Seattle, WA 98122

### **October 16<sup>th</sup> : TICKETS AVAILABLE FOR SALE**

Book your reservation by end of September and support your church for the Gala Dinner on Sunday, **October 16<sup>th</sup> for our 5<sup>th</sup> Annual party**, contact Matthieu (425.435.7859) or Khourieh Nissrine (360.685.6288) to sponsor supplies for the event. Looking forward to see you all. (See flyer below)

### Church Support through Smile Amazon

Our mission has been added as a charity on Smile Amazon; which means, now, you are able to help your church while shopping at Amazon without having to do an extra effort and without any cost to you. If you do so, the church will benefit from 0.5% of your purchase from Amazon. Please spread the word among your friends and family. In order to do so, please follow the instructions below:

- 1- <https://smile.amazon.com/>
- 2- Search in charity list for “**Holy Nativity of the Theotokos Antiochian Mission**” **verify EIN: 82-2973506**
- 3- Select **Holy Nativity of the Theotokos Antiochian Mission**
- 4- Always login through [smile.amazon.com](https://smile.amazon.com/) Please remember your church by enrolling in that program and spreading the word. May the Lord bless all your effort. Amen.

### **Welcome**

You can always follow the church news on our website:

<https://www.theotokosholynativity.com/> and our Facebook page:  
<https://www.facebook.com/groups/474907199547143/>





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